



香港教育大學  
The Education University  
of Hong Kong

# COVID-19

## Rapid Antigen Tests



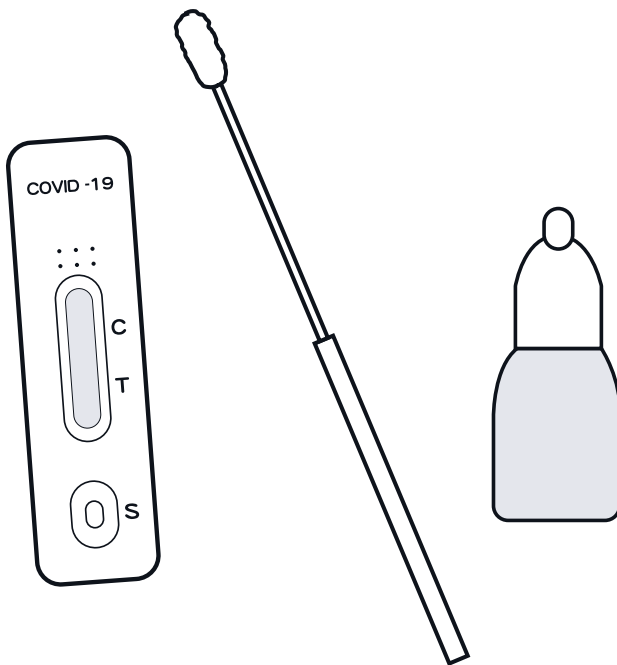
# Introduction

Schools in Hong Kong are going to gradually resume face-to-face teaching. To prevent COVID-19 from spreading in school, students are required to use a rapid antigen test at home to find out if they have COVID-19 before going to school. Therefore, our Centre has created this booklet, so that parents and teachers can use simple pictures and short sentences to help younger students or students with special needs to understand the aims and procedures of COVID-19 rapid antigen tests. If students are psychologically more prepared for the test, the test may go more smoothly.

COVID-19  
is a **contagious** disease.



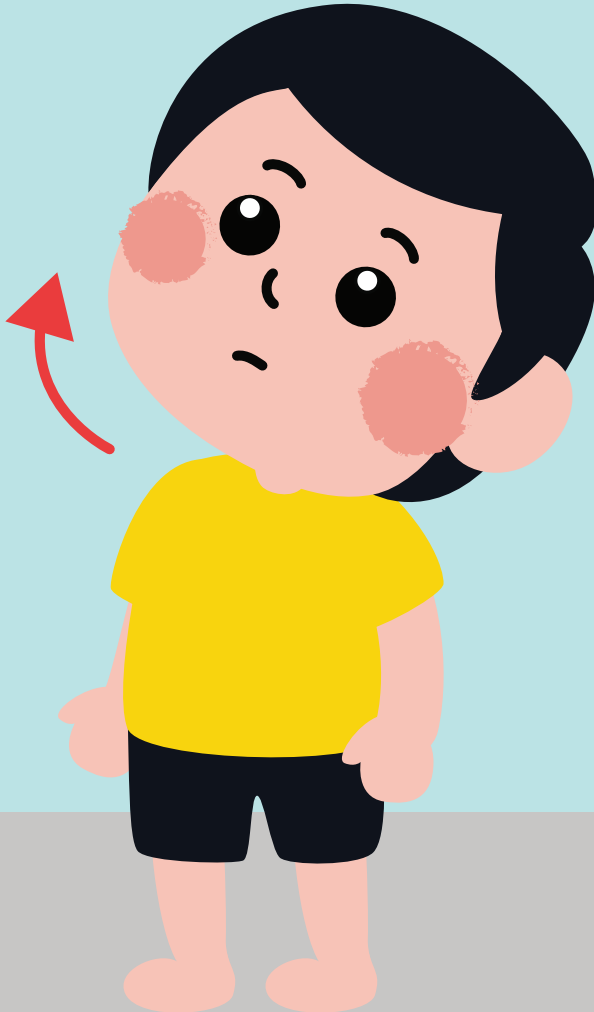
To help stop the spread of COVID-19 and protect my teachers and classmates, I need to use a **rapid antigen test** at home to find out if I have COVID-19.



I need to wake up about **10 minutes** earlier than usual, as I will have to do the test with my parents before washing up and eating breakfast.



I will **tilt my head back**, as if I wanted to look up at the ceiling.



My parents will insert a swap  
**into my nostrils** gently.



My parents will push the swap  
into one of my nostrils and  
**gently move around** in circles.





My parents will push the swap into **the other nostril** of mine and gently move around in circles.



It is like my parents wanted to give a **massage** to the back of my nose.



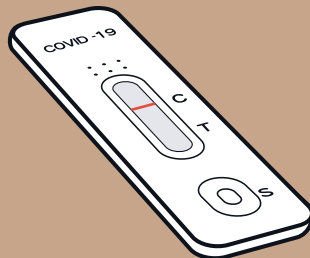
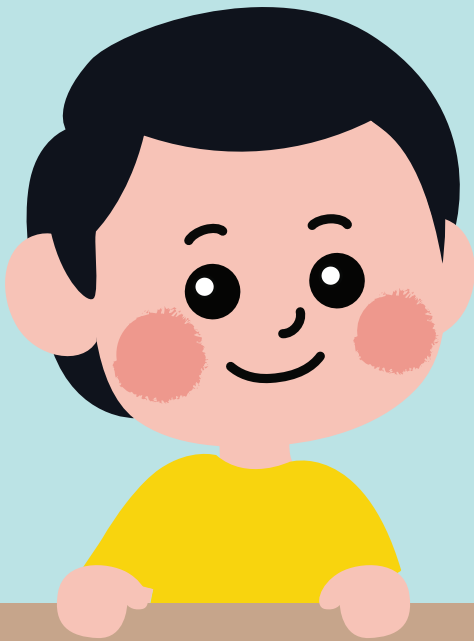
When my parents insert the swap into my nostrils, I may feel a bit uncomfortable. I can carry my doll, my toy car, or something I like, tolerating the feeling for about **10 seconds**.



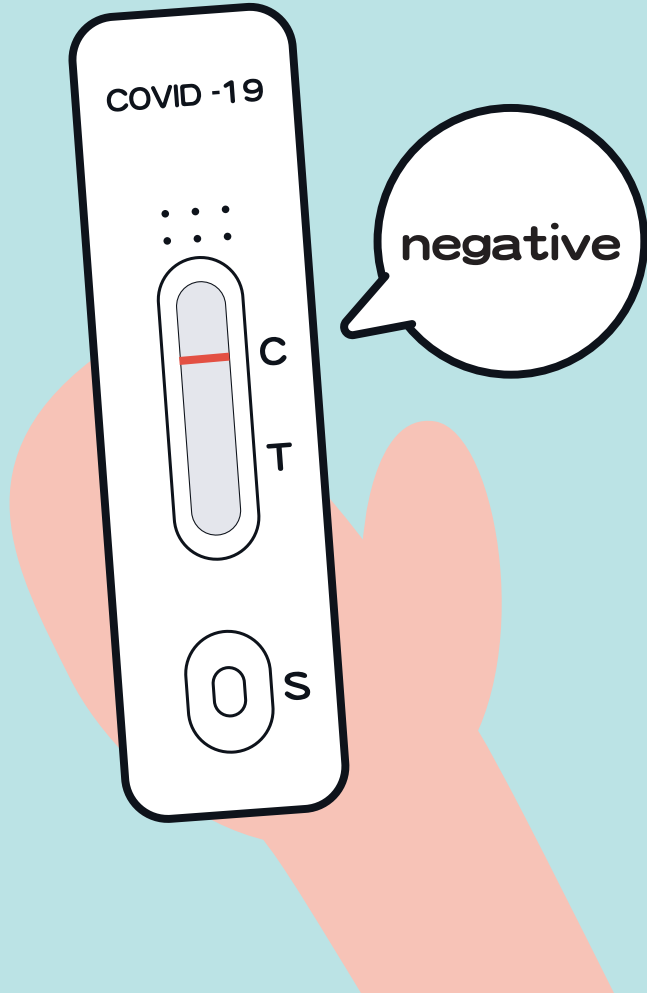
When my parents are done getting samples from my nostrils, the feeling of discomfort will usually **go away very quickly.**



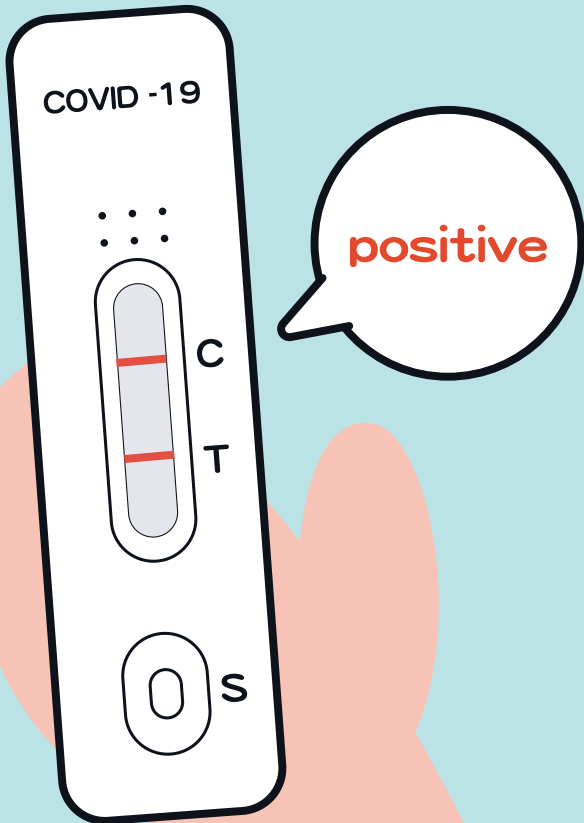
My parents will put the samples into the test solvent. I need to wait for about **15 minutes** to know the results.



If my test result is **negative**, I can **go to school** with my Record Sheet for Body Temperature and Rapid Antigen Test.



If my test result is **positive**,  
I **cannot go to school**, as I may have  
already had COVID-19.



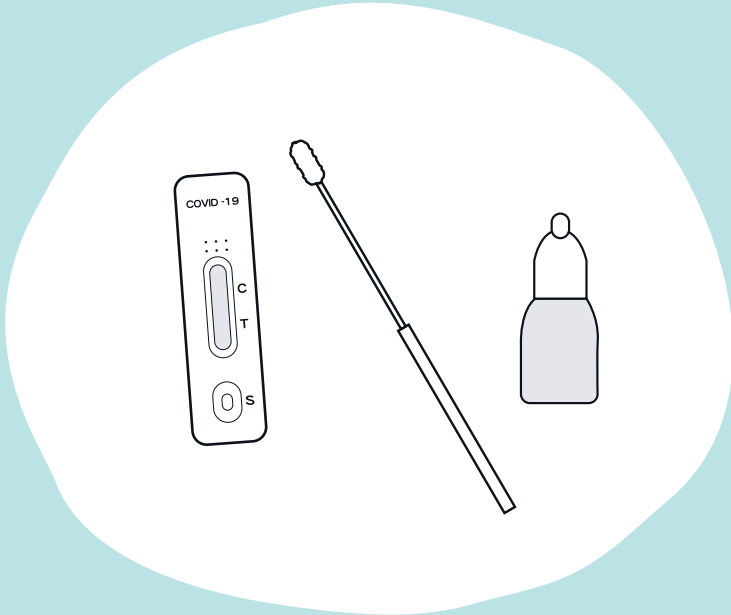
If I follow the instructions of my parents and do the rapid antigen test, I will be able to **protect my teachers and my classmates** from COVID-19.





If I follow the instructions of my parents and do the COVID-19 rapid antigen test, my parents will **praise me for being brave, for being a good child.**





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